



REGIONAL HOUSING AUTHORITY

Serving the Cities of Live Oak, Yuba City and Colusa • Counties of Sutter, Nevada, Colusa and Yuba

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www.RegionalHA.org

Smoke-Free Policy

WHY:

- The U.S. Department of Housing and Urban Development (HUD) requires all public housing to become smoke-free.
- Smoking is the leading cause of preventable death in the United States. Secondhand smoke can trigger asthma attacks and lead to stroke, heart attack, cancer, and respiratory illness. Children and seniors are often impacted the most by secondhand smoke. Eliminating smoking indoors and close to buildings is the best way to protect people from exposure to secondhand smoke.
- Regional Housing Authority is committed to enhancing the health and well-being of the community it serves.
- Regional Housing Authority's Smoke-Free Policy is designed to create healthier homes for residents and healthier work environments for employees by reducing exposure to secondhand smoke.

WHEN:

- Regional Housing Authority has adopted Smoke-Free policies and will be implementing a smoke-free environment at all public housing sites effective July 1, 2018.

WHAT:

- Regional Housing Authority Smoke-Free Policy prohibits the use of cigarettes, cigars, pipes, hookah pipes and electronic cigarettes.
- The term smoking means inhaling, exhaling, burning or carrying any lighted or heated cigar, cigarette, pipe, or any other lighted or heated tobacco or plant product intended for inhalation, including hookahs and marijuana, whether natural or synthetic, in any manner or any form. Smoking also includes the use of any electronic smoking device which creates an aerosol or vapor, in any manner or form.

WHERE:

- Smoking or use of prohibited smoking devices is prohibited in all living units, interior areas, including but not limited to hallways, rental and administrative offices, community centers, day care centers, laundry centers, and similar structures.
- Smoking or use of prohibited smoking devices is also prohibited in outdoor areas within 25 feet from public housing buildings and administrative office buildings.

GET HELP QUITTING SMOKING:



- Everyone can quit smoking. The California's Smoker's Helpline can help. Visit www.nobutts.org and/or call 1-800-NO-BUTTS for FREE to help quit smoking.
- Smoke-Free Housing in Sutter County - [https://www.suttercounty.org/assets/pdf/hs/ph/Smoke Free Housing-Just the Facts.pdf](https://www.suttercounty.org/assets/pdf/hs/ph/Smoke_Free_Housing-Just_the_Facts.pdf)
- Information on Secondhand Smoke in Multi-Unit Housing - <http://www.lung.org/assets/documents/tobacco/smuh-policy-brief-update.pdf>